

Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 1

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/01/2025															
CACFP SUPPER	Total	4000													
Burrito, Los Cabos, Utrbn&ch-'22	1 EACH	4000	354	18	587	6.13	4.19	172.0	350	1.84	*N/A*	16.31	53.63	4.02	0.00
CELERY STICKS 2021	1/2 Cup	4000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.03	0.00
APPLES, Fresh sliced	pkg. (2oz)	4000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			588	35	966	9.35	4.54	505.7	1485	127.91	*24	25.87	82.95	6.07	*0.00
% of Calories											*16.5%	17.6%	56.5%	9.3%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

Thu - 10/02/2025															
CACFP SUPPER	Total	4000													
PIZZA, 3" Round, Slders 2022	Serving	4000	295	36	598	3.52	1.36	500.9	449	11.49	4	18.63	30.72	6.01	0.00
BROCCOLI, raw: fresh	Serv. 1/2 c	4000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.05	0.00
	Veg														
GRAPES, Fresh PKG '23	serv. (1/2 c up)	4000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.05	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK, 1% DW 2024	EACH (1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			529	53	933	5.10	1.84	822.1	1521	52.74	29	29.21	60.65	8.14	*0.00
% of Calories											22.1%	22.1%	45.8%	13.8%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

Page 2

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CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/03/2025															
CACFP SUPPER	Total	4000													
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	4000	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	1.00	0.00
Carrot Nibbles Summer	3/4 Cup	4000	52	0	88	3.57	0.38	42.1	21312	7.53	6	1.19	12.22	0.04	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			731	22	794	10.23	4.67	931.2	22188	16.48	77	19.34	133.41	3.18	*0.00
% of Calories											41.9%	10.6%	73.0%	3.9%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

Mon - 10/06/2025															
CACFP SUPPER	Total	4000													
CHEESEBURGER ALL AMER IW'2	SERVING	4000	300	36	512	3.14	3.33	256.5	108	0.0	4	22.4	30.31	3.84	0.00
BROCCOLI,raw: fresh	Serv. 1/2 c Veg	4000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.05	0.00
Craisins	1/4 Cup	4000	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.03	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
CATSUP	1 oz	4000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.00	0.00
MUSTARD	.5 oz	4000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			640	53	1281	6.52	4.04	583.4	1331	41.52	51	33.30	86.65	5.97	*0.00
% of Calories											31.6%	20.8%	54.2%	8.4%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 3

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/07/2025															
CACFP SUPPER	Total	4000													
Grilled Cheese, Integrated '25	1 EACH	4000	309	32	559	2.60	1.53	427.0	0	0.0	6	18.88	32.86	5.54	0.00
Carrot Nibbles '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.02	0.00
APPLES,Fresh sliced	pkg. (2oz)	4000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			557	51	906	6.33	1.92	788.7	10867	127.36	31 22.1%	28.75 20.6%	64.32 46.2%	7.96 12.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<10.00	

Wed - 10/08/2025															
CACFP SUPPER	Total	4000													
Taco, Beef Stick '21	1 EACH	4000	328	46	752	3.07	2.63	312.5	0	0.0	1	18.52	28.97	7.69	0.00
CELERY STICKS 2021	serving	4000	21	0	119	2.38	0.30	59.4	667	4.61	2	1.03	4.41	0.06	0.00
Mixed Berry, Froz. 2019	1 each	4000	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.00	0.00
CATSUP	.5 oz	4000	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.00	*N/A*
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MUSTARD	.5 oz	4000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			653	63	1482	8.07	3.19	675.4	1515	4.81	*36 *22.3%	29.16 17.9%	76.71 47.0%	9.81 13.5%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Oct 1, 2025 thru Oct 31, 2025

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Portion Values - Detailed

Page 4

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/09/2025															
CACFP SUPPER	Total	4000													
Sandwich, RIB'B-Q PORK '25	1 EACH	4000	320	40	670	3.79	2.59	82.4	15	0.0	8	21.22	35.32	3.50	0.00
Carrot Nibbles '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.02	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	4000	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.00	0.00
DRESSING, RANCH	.5 oz	4000	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	0.59	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			547	51	982	6.51	2.78	349.0	11136	15.68	*40	30.30	73.67	4.49	*0.00
% of Calories											*29.0%	22.1%	53.9%	7.4%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

Fri - 10/10/2025															
CACFP SUPPER	Total	4000													
Croissant ,Ham & Cheese-2019	1 EACH	4000	371	63	1239	4.11	2.40	268.5	360	3.4	4	21.69	33.76	5.48	*0.16
CUCUMBER, SLICED 2021	serving	4000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.03	0.00
GRAPES,Fresh PKG '23	serv.(1/2 c up)	4000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.05	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			603	81	1554	4.94	2.77	600.2	1177	7.59	30	31.66	62.85	7.78	*0.16
% of Calories											19.6%	21.0%	41.7%	11.6%	*0.2%
Nutrient Guideline			550-650		1230									<10.00	

Mon - 10/13/2025															
CACFP SUPPER	Total	1													
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Page 5

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/14/2025															
CACFP SUPPER	Total	4000													
Pocket, Fiesta Cheesy '25	1 EACH	4000	300	30	590	3.00	2.70	240.0	70	0.0	5	19.0	31.0	5.00	0.00
BROCCOLI,raw: fresh	Serv. 1/2 c Veg	4000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.05	0.00
Mixed Berry, Froz. 2019	1 each	4000	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			594	44	940	6.17	3.04	517.2	1301	39.41	40	29.04	74.54	6.70	*0.00
% of Calories											27.1%	19.6%	50.2%	10.1%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

Wed - 10/15/2025															
CACFP SUPPER	Total	4000													
PEPRONI PIZZA WEDGE ROSE& SHORE	1 EACH	4000	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	8.00	0.00
CELERY STICKS 2021	serving	4000	21	0	119	2.38	0.30	59.4	667	4.61	2	1.03	4.41	0.06	0.00
GRAPES,Fresh PKG '23	serv.(1/2 c up)	4000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.05	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	3500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			591	55	1007	6.82	1.89	766.1	1777	10.21	29	28.74	60.17	10.70	*0.00
% of Calories											19.5%	19.5%	40.7%	16.3%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Page 6

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Thu - 10/16/2025															
CACFP SUPPER	Total	4000													
Tamale,2Cheese&GreenChile '24	each-5,10	4000	345	36	711	2.56	0.87	418.6	458	2.45	2	15.95	29.66	9.47	0.00
Carrot Nibbles '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.02	0.00
APPLES,Fresh sliced	pkg. (2oz)	4000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			593	53	1074	6.30	1.26	742.7	11450	129.81	28	25.57	62.62	11.51	*0.00
% of Calories											18.7%	17.3%	42.3%	17.5%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

Fri - 10/17/2025															
CACFP SUPPER	Total	4000													
Uncrustable, Grape Wh,Che-2016	1 each	4000	300	0	280	4.00	0.18	260.0	0	0.0	14	9.0	32.0	3.00	0.00
CELERY STICKS 2021	1/2 Cup	4000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.03	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			589	17	661	7.84	0.61	588.8	1150	11.25	45	19.66	76.39	5.17	*0.00
% of Calories											30.3%	13.3%	51.8%	7.9%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 7

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/20/2025															
CACFP SUPPER	Total	4000													
CHEESEBURGER MINIS-2023	1 SERVING	4000	272	31	475	2.39	3.09	114.2	79	10.3	3	19.7	29.82	3.00	0.00
CELERY STICKS 2021	1/2 Cup	4000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.03	0.00
Mixed Berry, Froz. 2019	1 each	4000	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
CATSUP	.5 oz	4000	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.00	*N/A*
MUSTARD	.5 oz	4000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			587	46	1160	6.21	3.50	409.9	1385	12.81	*39	29.57	76.85	4.71	*0.00
% of Calories											*26.7%	20.1%	52.3%	7.2%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

Tue - 10/21/2025															
CACFP SUPPER	Total	4000													
Taco Snack '23	1 EACH	4000	319	30	629	3.00	3.59	149.7	15	0.0	3	15.97	29.95	6.99	0.00
Carrot Nibbles '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.02	0.00
Craisins	1/4 Cup	4000	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.03	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			627	44	1008	6.34	3.92	429.1	11096	3.82	46	25.39	81.50	8.68	*0.00
% of Calories											29.6%	16.2%	52.0%	12.5%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 8

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/22/2025															
CACFP SUPPER	Total	4000													
CORN DOG, CHX '22	1 EACH	4000	239	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9	2.51	0.00
CUCUMBER, SLICED	1/2 Cup	4000	8	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.02	0.00
APPLES,Fresh sliced	pkg. (2oz)	4000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			470	59	999	4.59	1.75	374.9	851	125.22	30 26.0%	21.31 18.1%	55.40 47.2%	4.93 9.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<10.00	

Thu - 10/23/2025															
CACFP SUPPER	Total	4000													
TurkHam&Chz WG Hawaiin Bun'23	1 EACH	4000	186	17	392	1.99	1.85	105.2	122	0.0	5	10.62	27.21	1.37	0.00
BROCCOLI,raw: fresh	Serv. 1/2 c Veg	4000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 c up)	4000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.05	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			421	34	728	3.57	2.33	426.4	1193	41.25	31 29.2%	21.20 20.1%	57.14 54.3%	3.50 7.5%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 9

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/24/2025															
CACFP SUPPER	Total	4000													
Grinder, turkey&cheese-EI-'24	EACH	4000	367	78	1049	3.00	2.45	248.1	175	0.0	3	34.54	32.68	3.97	0.16
Carrot Nibbles '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.02	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			671	92	1427	7.36	2.92	529.8	11307	12.55	37 22.1%	45.01 26.8%	82.21 49.0%	5.75 7.7%	*0.16 *0.2%
Nutrient Guideline			550-650		1230									<10.00	

Mon - 10/27/2025															
CACFP SUPPER	Total	4000													
Pull Apart Bread 2024	Serving	4000	346	30	1059	2.38	11.36	277.8	898	13.54	*3	17.44	41.36	5.05	*0.00
CELERY STICKS 2021	1/2 Cup	4000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.03	0.00
FRUIT MIX, Extra Light Syrup	Serv.(1/2 Cup)	4000	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			556	40	1303	4.57	11.51	582.5	2181	17.04	*35 *25.5%	26.45 19.0%	78.57 56.5%	5.83 9.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 10

Generated on: 10/1/2025 10:08:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/28/2025															
CACFP SUPPER	Total	4000													
PRETZEL DOG 2013 WG	1 EACH	4000	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	2.00	0.00
Carrot Nibbles '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.02	0.00
Craisins	1/4 Cup	4000	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.03	0.00
CATSUP	1 oz	4000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.00	0.00
MUSTARD	.5 oz	4000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			581	45	1436	8.91	5.54	439.3	11193	5.71	54	29.68	98.15	2.83	0.00
% of Calories											37.3%	20.4%	67.6%	4.4%	0.0%
Nutrient Guideline			550-650		1230									<10.00	
Wed - 10/29/2025															
CACFP SUPPER	Total	4000													
Burrito,LosCabos,Utrbn&ch-'22	1 EACH	4000	354	18	587	6.13	4.19	172.0	350	1.84	*N/A*	16.31	53.63	4.02	0.00
CELERY STICKS 2021	1/2 Cup	4000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.03	0.00
APPLES,Fresh sliced	pkg. (2oz)	4000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average			588	35	966	9.35	4.54	505.7	1485	127.91	*24	25.87	82.95	6.07	*0.00
% of Calories											*16.5%	17.6%	56.5%	9.3%	*0.0%
Nutrient Guideline			550-650		1230									<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 11

Oct 1, 2025 thru Oct 31, 2025

CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/30/2025															
CACFP SUPPER	Total	4000													
PIZZA,3" Round, Sliders 2022	Serving	4000	295	36	598	3.52	1.36	500.9	449	11.49	4	18.63	30.72	6.01	0.00
BROCCOLI,raw: fresh	Serv. 1/2 c	4000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.05	0.00
GRAPES,Fresh PKG '23	Veg serv.(1/2 c up)	4000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.05	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			529	53	933	5.10	1.84	822.1	1521	52.74	29 22.1%	29.21 22.1%	60.65 45.8%	8.14 13.8%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<10.00	

Fri - 10/31/2025															
CACFP SUPPER	Total	4000													
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	4000	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	1.00	0.00
Carrot Nibbles Summer	3/4 Cup	4000	52	0	88	3.57	0.38	42.1	21312	7.53	6	1.19	12.22	0.04	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.00	0.00
Weighted Daily Average % of Calories			731	22	794	10.23	4.67	931.2	22188	16.48	77 41.9%	19.34 10.6%	133.41 73.0%	3.18 3.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<10.00	

Weighted Average			590	47	1061	6.84	3.41	605.5	5968	45.47	*39 *59.8%	27.44 18.6%	78.26 53.1%	6.41 9.8%	*0.02 *0.0%
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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 12

Oct 1, 2025 thru Oct 31, 2025

CACFP SUPPER

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	590		550 - 650		100%											
Cholesterol (mg)	47															
Sodium 1 (mg)	1061			1230	86%											
Sodium 1a (mg)	1061			1110	96%											
Fiber (g)	6.84															
Iron (mg)	3.41															
Calcium (mg)	605.5															
Vitamin A (IU)	5968															
Sugars (g)	39	26.58%				Missing										
Vitamin C (mg)	45.47															
Protein (g)	27.44	18.61%														
Carbohydrate (g)	78.26	53.07%														
Saturated Fat (g)	6.41	9.79%		<10.00%												
Trans Fat ¹ (g)	0.02	0.02%				Missing										

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